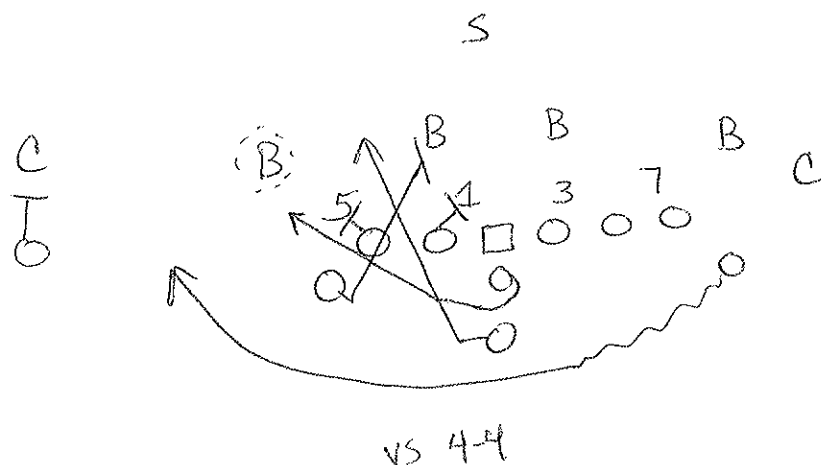
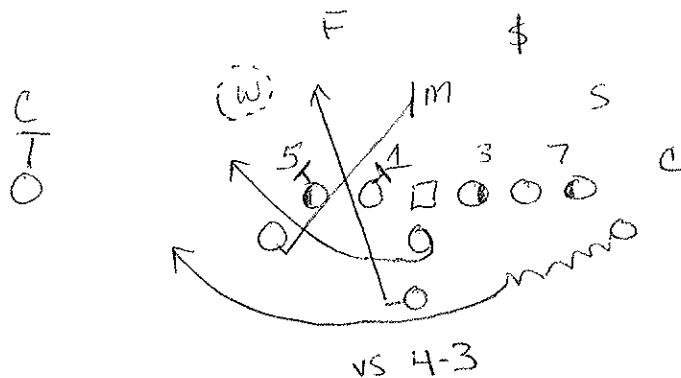


Attacking a 5 tech with Belly Option and Toss  
 Larry Thexton  
 Head Coach  
 Canyon Creek Christian Academy  
 Richardson, Texas

We incorporate the TE into our formation to set the front vs. 4-3 and 4-4 teams. This becomes a lot of fun when we set the TE to the boundary and run to the wide side of the field. Usually we will see a 1 and 5 on the nub and a 3 and 7 to the TE. Now we go to work on the edge. It does not matter to us if the 5 tech is the other team's best player or weakest player. The toss and belly will use his strengths against him.

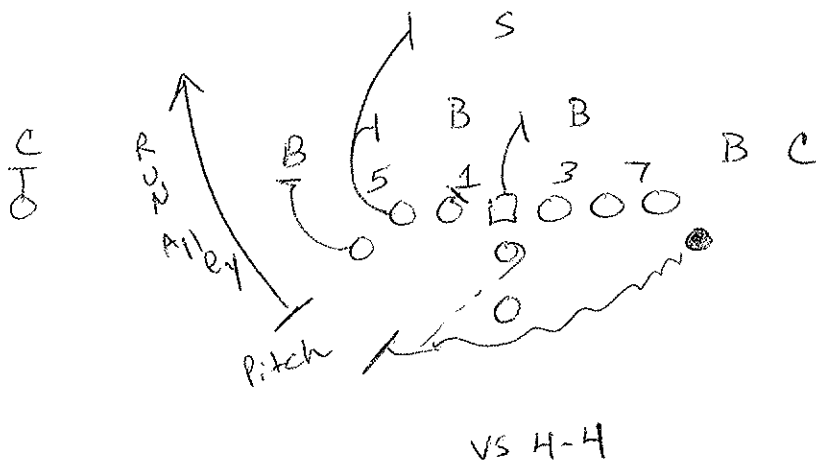
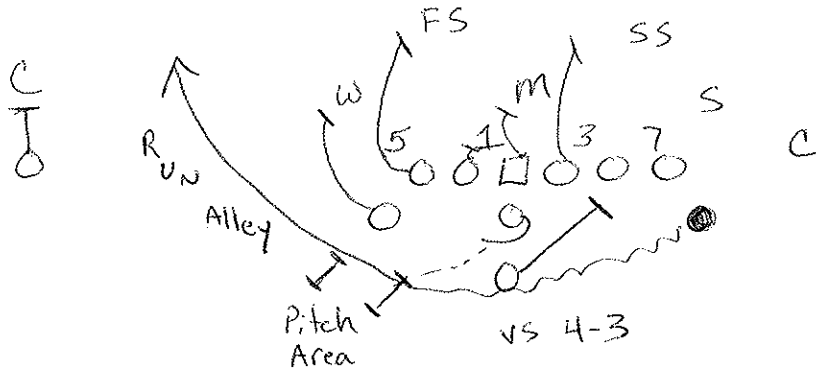
Belly vs. a 4-3 or 4-4

We will double the 1 with the PSG and C and fan out the 5 with the PST. We fold the PSB onto the Mike backer and will read the outside backer for pitch. The 5 will normally give us two looks: 1. He will squeeze hard down the line or 2. He will come upfield and create a huge hole in the line.



If he is squeezing extremely hard, we come back with the toss. On our toss play, we will cross the 5 techs face and arc to the safety. If the 5 goes hard down the line of scrimmage, we just let him go. If he releases with the tackle, we will lock on and ride him out. The PSB goes to OLB and the PSE stalks on the corner.

Toss vs. 4-4 or 4-3



We assign one coach to watch the 5 during the game and constantly monitor what he is doing. When calling these plays, remember that they are married to each other. Now that you have given the 5 tech fits, run IV veer at him and read him or kick his butt out with a counter or trap. If you run counter option, then you can log him and really get into his head.

